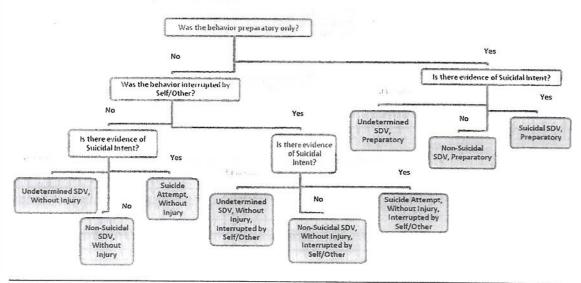
Self-Directed Violence (SDV) Classification System Clinical Tool

BEGIN WITH THESE 3 QUESTIONS:

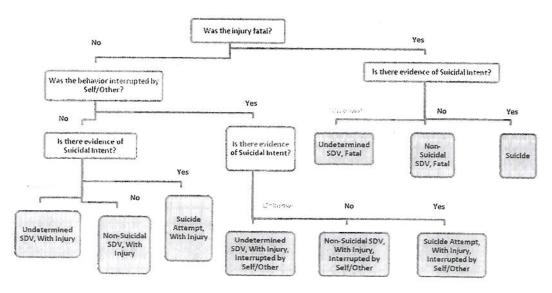
- Is there any indication that the person engaged in self-directed violent <u>behavior</u>, either preparatory or potentially harmful? (Refer to Key Terms on reverse side)
 If NO, proceed to Question 2
 If YES, proceed to Question 3
- Is there any indication that the person had self-directed violence related thoughts?
 If NO to Questions 1 and 2, there is insufficient evidence to suggest self-directed violence → NO SDV TERM
 If YES, proceed to Decision Tree A
- Did the behavior involve any <u>injury</u>?
 If NO, proceed to Decision Tree B
 If YES, proceed to Decision Tree C

DECISION TREE A: THOUGHTS Were/Are the thoughts Yes suicidal? No If the thoughts were/are suicidal, is there evidence of Suicidal Intent? Non-Suicidal SDV No Yes Suicidal Ideation, With Undetermined Suicidal Intent Suicidal Ideation, Without Suicidal Intent Suicidal Intent

DECISION TREE B: BEHAVIORS, WITHOUT INJURY



DECISION TREE C: BEHAVIORS, WITH INJURY



Self-Directed Violence (SDV) Classification System Clinical Tool

Key Terms (Centers for Disease Control and Prevention)

Self-Directed Violence: Behavior that is self-directed and deliberately results in injury or the potential for injury to oneself.

Suicidal Intent:

There is past or present evidence (implicit or explicit) that an individual wishes to die, means to kill him/herself, and understands the probable consequences of his/her actions or potential actions. Suicidal intent can be determined retrospectively and in the absence of suicidal behavior.

Preparatory Behavior

Acts or preparation towards engaging in Self-Directed Violence, but before potential for injury has begun. This can include anything beyond a verbalization or thought, such as assembling a method (e.g., buying a gun, collecting pills) or preparing for one's death by suicide (e.g., writing a suicide note, giving things away).

Physical Injury (paraphrased): A bodily lesion resulting from acute overexposure to energy (this can be mechanical, thermal, electrical, chemical, or radiant) interacting with the body in amounts or rates that exceed the threshold of physiological tolerance (e.g., bodily harm due to suffocation, poisoning or overdoses, lacerations, gunshot wounds, etc.). Refer to the Classification System for the Centers for Disease Control and Prevention definition.

Interrupted By Self or Other

A person takes steps to injure self but is stopped by self/another person prior to fatal injury. The interruption may occur at any point.

Suicide Attempt:

A non-fatal self-inflicted potentially injurious behavior with any intent to die as a result of the

Suicide:

Death caused by self-inflicted injurious behavior with any intent to die as a result of the behavior.

Behaviors

Thoughts

Reminder: Behaviors Trump Thoughts